

South Dakota

Pregnancy Risk Assessment Monitoring System

SPRING 2019



SD PRAMS is a collaboration between the South Dakota Department of Health, South Dakota State University, and the Centers for Disease Control and Prevention (CDC).

The PRAMS survey asks moms about their lives before, during, and shortly after their most recent pregnancy. Participants are randomly selected moms with babies primarily aged 2-6 months old.

Reports for previous PRAMS-like studies can be found at:

<https://doh.sd.gov/statistics/prams.aspx>



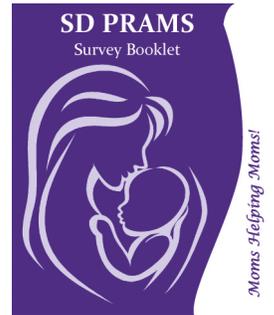
For additional information on SD PRAMS, visit www.sdprams.com or call, 1-844-SD-PRAMS

What is South Dakota PRAMS?

Every woman and every pregnancy is different. Each month about 150 women who recently gave birth are asked to share their story. **You may be one!**

If you receive this survey, please complete and return it. You are one of a small number of women who were chosen to help us in this study and will be representing other mothers in your community.

Your answers are strictly confidential and will be used to help guide health programs and improve care for mothers and their babies in South Dakota.



about **1 in 5**
South Dakota moms will be asked to complete the survey

What South Dakota Moms Say About... Sharing Their Experience

"Sharing one another's information is very important. If my experience could help someone, I would be very grateful..."

*"Thank you guys for giving me chance to **share** this experience."*

*"Thanks for giving me the opportunity to **share** my pregnancy and thoughts about the health care of mothers in South Dakota. I am very excited to **share** this experience with other women. These comments will help to improve the health of all mothers and babies in South Dakota."*

Local and National Resources

For Baby's Sake: Information and resources to help women have healthy pregnancies and healthy babies. www.ForBabySakeSD.com

SD Poison Control Center: 1-800-222-1222, www.sdpoison.org

SD Women, Infants, and Children Program (WIC): 1-800-738-2301, sdwic.org

